

# 7 TOP TIPS FOR SUPPORTING SCHOOL AND COLLEGE WORK

- 1. Help your child to understand their difficulties.** They need to know that it is not stupidity that is causing the problem. It is simply a difference in the way they learn. Be flexible and responsive to the needs of your child. Try asking what works for them and how they learn best.
- 2. Help your child to make a visual timetable / calendar or show them how to use their mobile phone** to organise their school or college day.
- 3. Make learning fun by relating it to your child's experiences and interests.** Allow them to play an active role in coming up with ideas for learning - e.g. making up their own mnemonics to help with spelling ('mouse' - mice only use small entrances); or by drawing pictures to help remember spelling rules.
- 4. Use games** to support learning wherever possible.
- 5. Relate your child's learning** to their hobbies and interests.
- 6. Encourage learning by experience and discovery rather than being told.** Help your child build up knowledge and understanding one step at a time.
- 7. Communicate with your child's school regularly** - let each other know of any events that may have occurred during the day / night – children with ASD can be affected by a culmination of events that may cause challenging behaviour and it is beneficial for professionals to understand the child's recent activities and modify demands accordingly. It can also be useful to record activities in order to notice any patterns in behaviour to understand causes.

