

7 TOP STUDY TIPS

1. Make full use of free assistive technologies, e.g.

- 💡 a mobile phone for reminders of upcoming appointments;
- 💡 the screen reader function on a mobile phone, tablet or laptop;
- 💡 a screen tint app to change the background colour of the computer screen;
- 💡 Text-to-Voice and Voice-to-Text on Microsoft, Apple or Google Docs.



2. Use cheap, low-tech methods, such as post-it notes, to plan essays and organise study.

3. Aim to have essays and course work completed a week before the deadline so there is enough time to check and edit.

4. Ensure that your child is receiving all the available support at school, college or university.

5. Encourage them to make a revision plan well in advance of exams and stick to it!

6. Experiment with different memory techniques, such as mnemonics or using stories to embed facts.

7. Encourage active reading, involving taking notes or drawing diagrams / mind maps / spider graphs to record key points.

