

Strengths Profiler: Secondary (ages 12-16)

Part B - What I like doing

My name is: _____

Date: _____

Name and role of interviewer: _____

| How do you feel about the following? | Really enjoy | Quite enjoy | Don't mind | Don't enjoy | Really don't enjoy |
|---|--------------|-------------|------------|-------------|--------------------|
| Speaking in public, e.g. debating, making a speech, speaking in class | | | | | |
| Vlogging or making Youtube videos | | | | | |
| Using social media | | | | | |
| Writing stories, keeping a diary or blogging | | | | | |
| Drawing, painting, or photography | | | | | |
| Cooking and / or baking | | | | | |
| Sewing, knitting or dressmaking | | | | | |
| 3D design, e.g. pottery, sculpture, making | | | | | |
| Car, motorbike, or bike maintenance | | | | | |
| Singing | | | | | |
| Making music, e.g. playing an instrument, sampling, DJ, etc. | | | | | |
| Drama | | | | | |
| Dance | | | | | |
| Fashion, make-up, or hairdressing | | | | | |
| Learning a foreign language | | | | | |
| Individual sports, e.g. athletics, tennis, body-building | | | | | |
| Team sports, e.g. football, netball, rugby | | | | | |
| Swimming | | | | | |
| Spending time with my friends | | | | | |
| Outdoors activities e.g. walking, climbing, sailing | | | | | |
| Playing computer games | | | | | |
| Spending time with adults | | | | | |
| Learning facts about my favorite hobby | | | | | |
| Solving mathematical problems | | | | | |
| Computer coding | | | | | |
| Looking after young children or the elderly | | | | | |
| Looking after animals | | | | | |
| Being on my own | | | | | |
| Being in a group | | | | | |
| Reading - books, magazines, etc. | | | | | |
| Lessons where the teacher does lots of talking | | | | | |
| Answering questions in class (especially when I've no time to think) | | | | | |
| Chatting to people I don't know | | | | | |
| Add an idea of your own | | | | | |
| Add an idea of your own | | | | | |
| Add an idea of your own | | | | | |

