



Table of contents

What are Childhood Mental Health Disorders	1
Anxiety and Depression in Children: Get the Facts	2
Ways to Help Children and Teens Cope With the Covid-19 Pandemic	3
Special Educational Needs (SEN) and Mental Health	4
Bullying	5
Post-Traumatic Stress Disorder (PTSD)	6
Attention Deficit Hyperactivity Disorder (ADHD)	7
Autism	8
Conduct Disorder and Oppositional	
Defiant Disorder (ODD)	9

