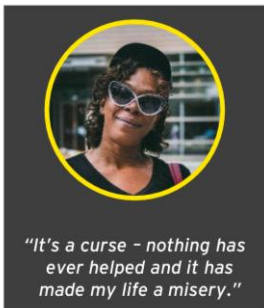


Persona 2

How Being Dyslexic Impacts in the Workplace



Persona 2 — Michelle

Experiences multiple challenges with dyslexia and doesn't receive the necessary support.

Background

Michelle works as a carer in a home for the elderly. She lives with her boyfriend in Chelmsford and has two cats. Michelle lives a quiet life, and her friends and family mean a lot to her. Her favourite hobby is knitting and despite being a slow reader enjoys reading novels. Michelle was not able to finish her studies in anthropology or nutrition, something she attributes to her dyslexia. Studying caused her so much stress and anxiety that she suffered from depression. She has recovered from it but still receives support. Since then, she has been doing well in her job as a carer, but gets sad about her missed opportunities.

Relationship with dyslexia

Openness	Would like to talk more about dyslexia, but people never ask and she doesn't want to be judged
Abilities	Dyslexia feels like a physical impairment; she believes there is nothing that can really help
Psychological health	Dyslexia is a constant burden; it causes her to have anxiety and depression

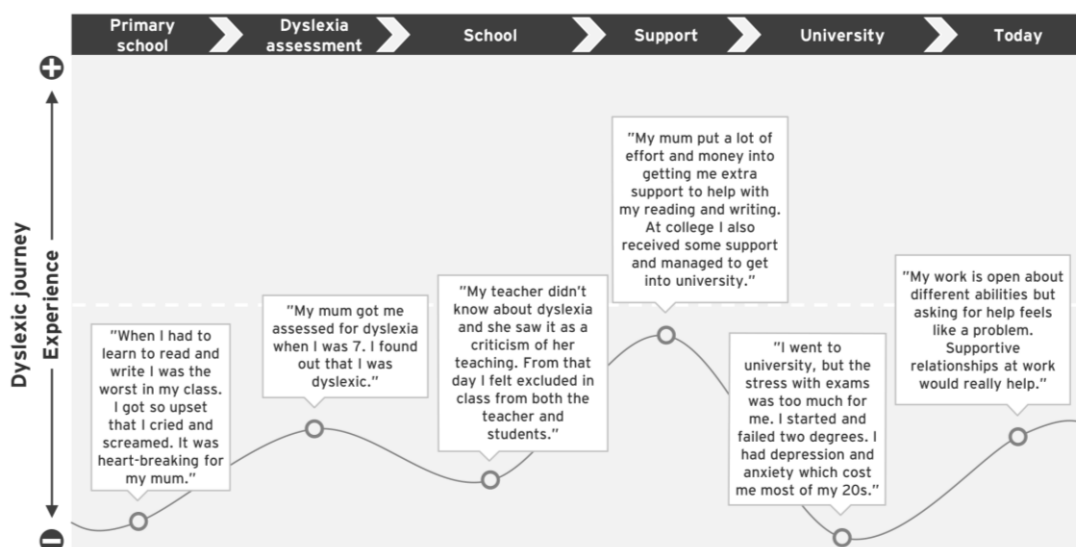
Strengths in education

- ▶ Arts and crafts
- ▶ Telling stories
- ▶ Synthesising and presenting ideas

Strengths at work

- ▶ Empathetic and caring about others challenges
- ▶ Good listener
- ▶ Encouraging and motivating people

Dyslexic skills



Reference:
The Value of Dyslexia-Dyslexic Strengths and the Changing World of Work
 In association with *Made by Dyslexia* and *Ernst and Young*
 Adapted for a global Audience by *Get into Neurodiversity*