

# Persona 3

## How Being Dyslexic Impacts in the Workplace



### Persona 3 — Shreya

Actively seeks support and techniques to compensate for dyslexic challenges.

#### Background

Shreya is a mid-level recruitment consultant at a firm in Manchester. She is very focused on her career and is working on a promotion to senior consultant. In school Shreya did a lot of performing arts, now she enjoys watching films and going to the theatre. Before she had a dyslexia assessment she was very self-critical. Today she only tells people about her dyslexia when she has to, as she does not want to come across as using it as an excuse at work. She seeks support outside of work wherever she can and is actively involved with a dyslexia support group.

#### Relationship with dyslexia

Openness	Doesn't feel like she can talk about dyslexia at work. It seems like an excuse
Abilities	She feels her dyslexia has created a glass ceiling, but believes hard work improves her abilities
Psychological health	The pace of work can be very stressful, but has learned coping techniques that work well for her

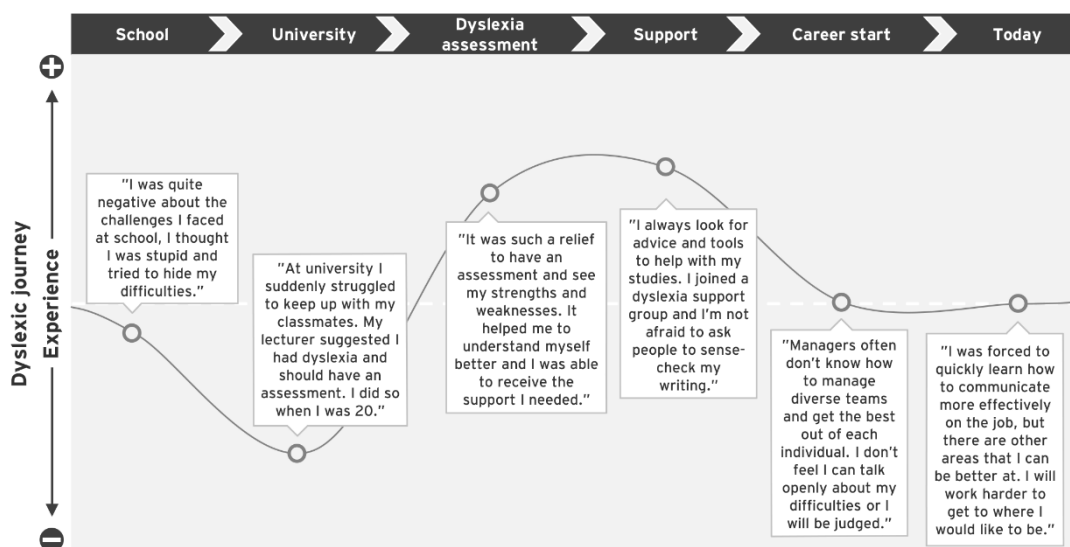
#### Strengths in education

- ▶ Sports and performing arts
- ▶ Music
- ▶ Visual learning

#### Strengths at work

- ▶ Communicating and visualising ideas effectively
- ▶ Organising
- ▶ Creative writing

#### Dyslexic skills



**Reference:**  
*The Value of Dyslexia-Dyslexic Strengths and the Changing World of Work*  
 In association with *Made by Dyslexia* and *Ernst and Young*  
 Adapted for a global Audience by *Get into Neurodiversity*