

# How Helping Your Child to Navigate Education Feels



The Human Cost of Dyslexia project was an amazing opportunity to bring together those impacted by Dyslexia and the government legislators to gain a better understanding of the direct and indirect challenges and abilities of individuals with Dyslexia. The aim was to ensure the understanding of the amazing contribution the dyslexic community makes.

“For over four decades the British Dyslexia Association has supported and empowered people with Dyslexia and those around them. Our job has been as much about helping people to overcome the commonly understood challenges around reading and writing that Dyslexia presents, as it has been about not letting their negative experiences of being dyslexic hold them back in life.”

“This report is difficult reading. Anecdotally, we have heard it all before, but to see in cold hard statistics through expert and individual evidence, that hundreds of thousands of kids are unnecessarily anxious and undervalued, and millions of parents are struggling to give their children the support they need, is hard reading. This issue strikes to the very core of humanity.”

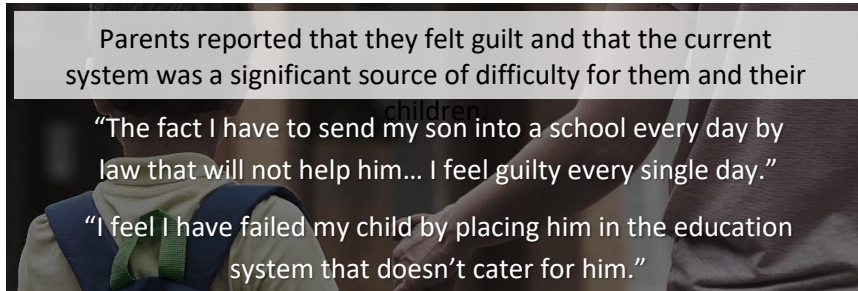
“We understand this is only one part of the picture and over the coming months and years we will look in more detail at the education system, workplaces and society more widely. But this report shows at the most fundamental level, the human cost of dyslexia is too high, and we need to change that.”

Quotes from Helen Boden, CEO of the British Dyslexia Association commenting on the report 'The Human Cost of Dyslexia' by the APPG UK

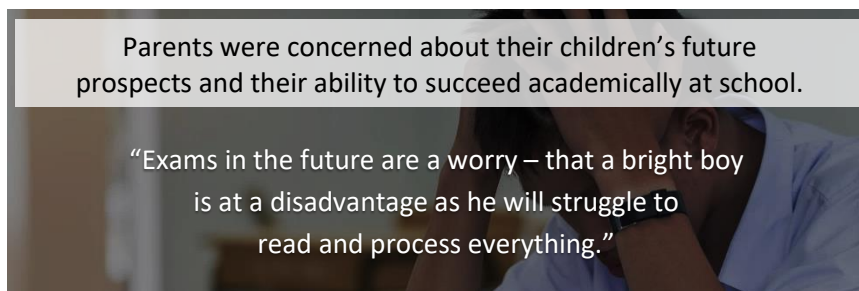
The following are statistics and comments from the parental aspect of the study.

## Key findings:

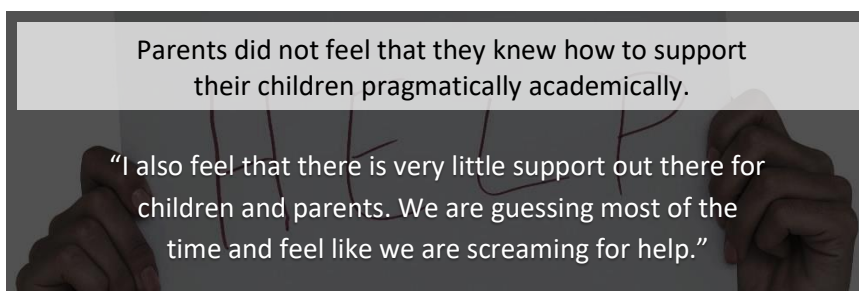
- 95 percent of respondents felt they lacked the skills and knowledge to support their children
- 95 percent of respondents worried about what the future held for their dyslexic children



Some parents found that their children's experiences of school changed due to the effects of their dyslexia, noting that their children did not wish to attend school and were beginning to disengage with some aspects of education.



Where children and young people were disengaging from education, parents raised issues of concern about their future prospects and the difficulties experienced by young people in today's mainly exam-based education system.



It appeared that lack of information, resources and support were central to parents' anxiety, leaving them potentially helpless when trying to meet their children's educational needs.

*Sourced from: The Human Cost of Dyslexia - April 2019  
Modified for a global audience by: Get into Neurodiversity*