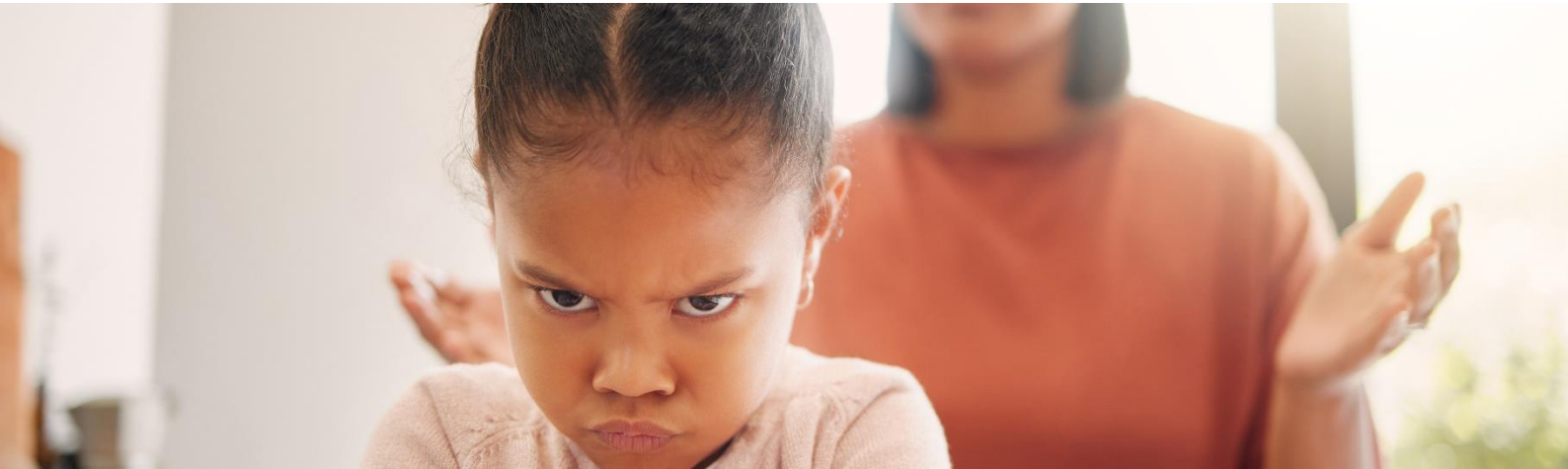


MANAGING STUDENTS WITH OPPOSITIONAL DEFIANT DISORDER

Oppositional Defiant Disorder (ODD) What You Need to Know



Do you know a Child or a student with Oppositional Defiant Disorder (ODD)?

This series of article will cover the...

- **Symptoms and causes**
- **Diagnosis and tests**
- **Management and treatment**
- **Prevention**
- **Outlook and prognosis**
- **Living with ODD**

What is oppositional defiant disorder (ODD)?

Oppositional defiant disorder (ODD) is a behaviour condition in which your child displays a continuing pattern of uncooperative, defiant, and sometimes hostile behaviour toward people in authority. This behaviour often disrupts your child's normal daily functioning, including relationships and activities within their family and at school.

It's common for children — especially those two to three years old and in their early teens — to be oppositional or defiant of authority occasionally. They might express their defiance by arguing, disobeying, or talking back to adults, including their parents or teachers. When this behaviour lasts longer than six months and goes beyond what's usual for your child's age, it might suggest that they have ODD.

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The majority of children and teens who have ODD also have at least one other mental health condition, including:

- Attention-Deficit Hyperactivity/Disorder (ADHD).
- Anxiety disorders, including Obsessive-Compulsive Disorder (OCD).
- Learning differences.
- Mood disorders, such as Depression.
- Impulse control disorders.

About 30% of children with ODD develop a more serious behaviour condition called Conduct Disorder. ODD behaviours can continue into adulthood if ODD isn't properly diagnosed and treated.


Adapted by Get into Neurodiversity for a global audience.

Source: Cleveland Clinic, a non-profit multispecialty academic medical Centre that integrates clinical and hospital care with research and education US.

Oppositional Defiant Disorder (ODD)


Signs and symptoms of ODD can be grouped into three categories:

Anger and irritability



- Lose their temper easily.**
- Frequent outbursts of anger and resentment.**
- Touchy and/or easily annoyed by others.**
- Frequently angry and/or disrespectful.**

Argumentative and defiant behavior



- Excessively argue with adults.**
- Actively refuse to comply with requests and rules.**
- Blame others for their own mistakes.**
- Deliberately try to annoy or upset others.**

Vindictiveness



- Spiteful and seeking revenge.**
- Saying mean and hateful things when angry or upset.**