

MANAGING STUDENTS WITH OPPOSITIONAL DEFIANT DISORDER

What Are The Signs & Symptoms Of Oppositional Defiant Disorder (ODD)?



Signs and symptoms of oppositional defiant disorder usually begin by age 8. Symptoms usually remain stable between the ages of 5 and 10 and typically, but not always, decline afterward.

The symptoms are often apparent in multiple settings but may be more noticeable at home or school.

Signs and symptoms of ODD can be grouped into three categories:

- Anger and irritability.
- Argumentative and defiant behaviour.
- Vindictiveness.

In addition, many children with ODD are moody, easily frustrated, and have low self-esteem. They also might misuse drugs and alcohol.

Anger and irritability

Signs of anger and irritability are part of the diagnosis of ODD. If your child has ODD, they may:

- Lose their temper easily.
- Have frequent outbursts of anger and resentment.
- Be touchy and/or easily annoyed by others.
- Be frequently angry and/or disrespectful.



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Argumentative and defiant behaviour

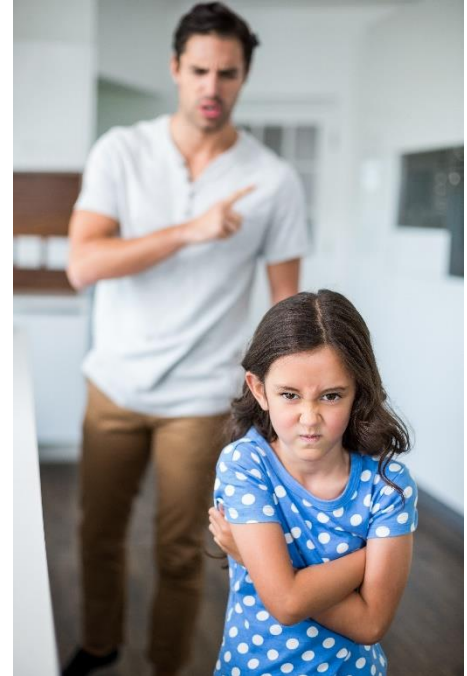
Argumentative and defiant behaviour is part of the diagnosis of ODD. If your child has ODD, they may:

- Excessively argue with adults.
- Actively refuse to comply with requests and rules.
- Blame others for their own mistakes.
- Deliberately try to annoy or upset others.

Vindictiveness

Signs of vindictiveness in ODD include:

- Being spiteful and seeking revenge.
- Saying mean and hateful things when angry or upset.



Adapted by Get into Neurodiversity for a global audience.

Source: Cleveland Clinic, a non-profit multispecialty academic medical Centre that integrates clinical and hospital care with research and education US.