

MANAGING STUDENTS WITH OPPOSITIONAL DEFIANT DISORDER

School-Based Intervention For Oppositional Defiant Disorder (ODD)



Supportive interventions to improve school performance, peer relationships and problem-solving skills are very useful in the treatment of ODD.

These interventions may include:

- Education and tools for your child's teacher(s) to improve classroom behaviour.
- Techniques to prevent oppositional behaviour or the worsening of such behaviour.
- Other methods that help your child follow classroom rules and acceptable social interactions.

Medications for ODD

Although there isn't medication formally approved to treat ODD, your child's healthcare provider or psychiatrist might prescribe certain medications to treat other conditions they may have, such as ADHD, OCD, or depression. If left untreated, these conditions can make the symptoms of ODD worse.



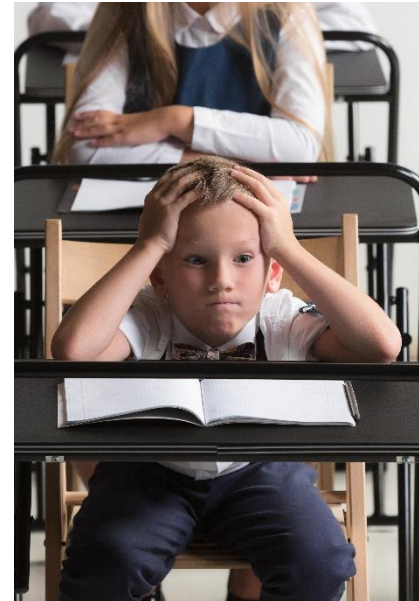
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Prevention

Can Oppositional Defiant Disorder be prevented?

Although it might not be possible to prevent Oppositional Defiant Disorder, recognising and acting on symptoms when they first appear can minimise distress to your child and family. It can also help prevent many of the problems associated with the disorder. Family members can learn steps to take if signs and symptoms return, as well.

In addition, providing a nurturing, supportive and consistent home environment might help reduce symptoms and prevent episodes of defiant behaviour.



Outlook and Prognosis

What is the prognosis (outlook) for Oppositional Defiant Disorder (ODD)?

Children with ODD can experience significant issues in school, at home and in social relationships.

Mild to moderate forms of ODD often improve with age, but more severe forms can evolve into conduct disorder.

A lack of treatment and parental support often leads to a poor prognosis for Oppositional Defiant Disorder, while adequate treatment of coexisting conditions (such as ADHD or OCD), individual and/or family therapy, and positive parenting are associated with a good prognosis.

Adapted by Get into Neurodiversity for a global audience.

Source: Cleveland Clinic, a non-profit multispecialty academic medical centre that integrates clinical and hospital care with research and education US.