

44 MYTHS ABOUT DYSLEXIA DEBUNKED

44 Myths About Dyslexia Debunked



It is important to be aware of some of the popular misconceptions and myths surrounding dyslexia and language-based learning disability. We have highlighted some of the more common myths and provided the alternative understanding.

1 Myth: Smart people cannot be dyslexic or have a learning disability.

Fact: Dyslexia and intelligence are NOT connected. Many dyslexic individuals are very bright and creative who will accomplish amazing things as adults.

2 Myth: Dyslexia does not exist.

Fact: There has been 30 years of documented, scientific evidence and research proving the existence of dyslexia. It is one of the most common learning disabilities to affect children.

3 Myth: Dyslexia is rare.

Fact: In the United States, NIH research has shown that dyslexia affects 20%, or 1 in every 5 people. Some people may have more mild forms, while others may experience it more severely. Dyslexia is one of the most common cause of reading difficulties in elementary school children because only 1 in 10 dyslexics will qualify for an IEP and special education that will allow them to get the help in reading that they need.

4 Myth: Dyslexia is very uncommon.

Fact: The International Dyslexia Foundation states that between 15% and 20% of the population have a language-based learning disability, dyslexia being the most common of these. The United States Department of Health and Human Services estimates that 15% of the U.S. population has dyslexia.

Content taken from © 2024 *The Regents of the University of Michigan*.
Adapted by *Get into Neurodiversity* for a global audience.